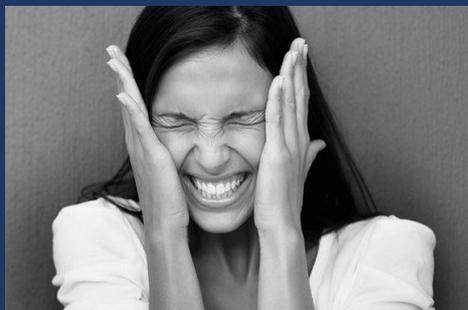


Different Worlds

Helping people troubled by psychotic experiences

A unique and dramatic course facilitated by Dr Iain Bourne



YOUR LOGO

9.30-4.30

DATE

VENUE

CONTACT

Hallucinations, delusions and paranoia are not necessarily dangerous but they can be confusing, frightening and severely disrupt people's lives. This "fringe theatre style" course is designed to inform, illuminate and empower staff in order that they can be more effective in assisting people whose lives are affected by these experiences.

What you gain from this workshop:

- An understanding of how psychotic experiences fit in within the range of mental health issues
- An understanding of how psychotic experiences develop
- Skills to help contain acute psychotic episodes
- An understanding of some of theories explaining psychotic experiences
- A repertoire of skills and techniques to help people cope with their experiences in everyday life
- Strategies for ongoing working with service users troubled by hallucinations, delusions and paranoia
- Opportunities to explore practice issues

The Programme

This is a one-day course.

The day starts at 9.30, so you will need to arrive in advance of that. The day finishes at 4.30 prompt although Iain will remain behind at the end should you want to talk to him individually. Lunch is at 1.00 for 40 minutes and there are mid-morning and afternoon breaks.

The morning will begin by exploring the nature of psychotic experiences and their relationship with a person's mental health.

This will be followed by examining an acute and florid psychotic episode to identify good practice and the skills involved in providing containment and assistance.

Further dramatised encounters with service users are then introduced to develop an awareness different aspects of understanding and working with a range of different psychotic experiences

Dramatic Training

A fringe theatre approach to training involving powerful first-person dramatised encounters with service users. An enjoyable and memorable way to learn about psychotic experiences.

Understanding the experience of service users and identifying practical ways to enable and assist them in their lives



Dr. Iain Bourne
impact LIMITED
TRAINING & CONSULTATION