

# Behind Closed Doors

Identifying,  
understanding and  
responding to  
domestic violence



## YOUR LOGO

**9.30 – 4.30**

**Date**

**Venue**

**Contact**

## Programme Overview

This is a "fringe theatre style" course taking participants on a journey through the world of domestic violence.

The training begins with a quiz to provide participants with accurate and up to date information about domestic violence.

A "Talking Heads " approach is then used to help participants explore different forms of domestic violence, how the abusive relationship is sustained and the psychological consequences for the abused.

Finally, participants will have an opportunity to put together an action and resource pack.

## Content

This course covers the following areas:

- Facts and figures about domestic violence
- Different types of abusive relationship
- The importance of attachment styles
- Identifying signs of domestic violence
- The development of complex PTSD
- Understanding the issues that keep the victim in the abusive relationship and make it difficult to seek help
- Taking action



**Delivered by:**

**Dr Iain Bourne  
Director**

**IMPACT Training &  
Consultation Ltd**

**Specialising in  
responding to:**

**Violence, Suicide, Self-  
Harm, Psychosis and  
Trauma**

## The Structure of the Session

The day runs from 10.00 - 4.30. As this is a dramatic course it is important that all participants arrive in good time and are ready to start at 10.00. There will be 20 minute mid-morning and afternoon breaks and lunch will be at 1.00 p.m..